#### **Age UK Bristol**

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# Toenail-cutting Service

A new service for the over-55s



MEARS Chanover brunelcare



Age UK Bristol is an independent, local charity relying heavily on the goodwill and support of local people. Age UK Bristol is a forward-thinking organisation, committed to working with and for older people in Bristol, enabling them to maintain their independence and quality of life.

## Where is the service provided? Mondays: 10.30am–1.00pm Stockwood Medical Centre

Holloway Road Bristol BS14 8PT

#### Wednesdays: 10.00am–1.00pm Blaise Weston Court

Broadlands Drive Lawrence Weston BS11 OAF

### Thursdays: 10.00am–1.00pm Waverley Gardens

Queens Road Bishopsworth Bristol BS13 8EL

## Who is it for?

The service is for anyone who is a resident in Bristol area, over 55, unable to cut their own toenails and not receiving a toenail-cutting service from the NHS.

## What does it cost?

There is a one-off fee of £5 for a personal set of nail-cutting equipment. Treatment sessions are £10.

# A safe, accessible and simple nail-cutting service

The service is provided by trained volunteers with support from the Bristol Community Health Podiatry Team. Our aim is to provide safe, simple nail cutting but there are still many health reasons why it may not be safe for us to cut your nails. For this reason, it is important to provide on referral full details of any health conditions or tablets and medication you are taking.

## Comments, suggestions and complaints

If you would like to comment on any aspect of the service, please contact us:

## Bristol Footcare Project Age UK Bristol

Cannngford House 38 Victoria Street Bristol BS1 6BY

For more information, or to make an appointment, contact: Lorraine (Footcare Service Co-ordinator) t 0117 928 1540

